



Jewellery Policy

Waterside Gymnastics Club has adopted the British Gymnastics policy on body piercing and adornments incorporated into the Health, Safety and Welfare Policy 2005.

The policy states:

- British Gymnastics believes that jewellery and adornments worn in body piercing are inappropriate for safe practice in gymnastics.
- A person with body adornments or jewellery must inform the coach and also remove the relevant items to reduce the risk of injury to the participant, the coach and others.
- Coaches must ensure that risks associated with jewels and raised adornments on leotards are eliminated.
- The policy applies to all participants and coaches in training and in events at home and abroad.
- Failure to conform will prohibit the individual's participation on the grounds of reasonable safety and may render the individual's insurance invalid should an accident result directly from non-compliance.

The Club suggests that body piercing, including ear piercing, is carried out during the school holidays when sessions are not running or during the closed competition periods for competing gymnasts when training is not essential.

(For safety reasons, participation whilst wearing body piercings or jewellery is not permitted under any circumstances.)