



Waterside Gymnastics Club

Code of Conduct for Gymnasts

The Club is fully committed to safeguarding and promoting the well-being of all our gymnasts. The Club believes that it is important that gymnasts, coaches, administrators and parents associated with the Club should, at all times, show respect and understanding for the safety and welfare of others. Therefore, gymnasts are encouraged to be open at all times and share any concerns that they may have about any aspect of the Club with the Head Coach of the section or the Club Welfare Officer.

As a member of the Club you are expected to abide by the following rules:

- All gymnasts must participate within the rules and respect Coaches, Judges and Officials and their decisions.
- Gymnasts must follow the instructions of the Coach at all times.
- All gymnasts must respect their opponents and fellow club members.
- Gymnasts should keep to agreed timings for training and competitions or inform their Coach if they are going to be late. Failure to attend training sessions on a regular basis without good reason and notification may result in a gymnast losing their place.
- Gymnasts must wear suitable attire for training and events as agreed with the Coach.

All long hair must be tied back and all body jewellery must be removed.

- Fees for training and events must be paid promptly. The current appropriate British Gymnastics Association membership and insurance fee must be paid as soon as a gymnast joins the Club to ensure that the gymnast is insured.
- Gymnasts must not smoke, consume or take or be under the influence of alcohol or drugs of any kind when training or representing the Club.
- Gymnasts must treat all equipment with respect and must not climb upon or use any equipment unless instructed to do so by a coach.
- Gymnasts must inform the Head Coach of the section of any injuries or illness they may have before the warm up begins.
- Gymnasts should not eat or chew gum during a session.

- Gymnasts must not use bad language and are expected to maintain a good standard of behaviour at all times.
- Gymnasts under the age of 14 should remain with coaches at the end of a session until collected by their parent or guardian, unless parental consent has been given for walking home unaccompanied.
- Gymnasts must not leave the gymnasium or sports hall without the permission of their coach.